

# Mill Park - South Morang Little Athletics Club Incorporated



Reg. No. A0090999M  
ABN 58 829 283 162  
MEADOWGLEN INTERNATIONAL  
ATHLETICS STADIUM  
146-156 MCDONALDS ROAD  
EPPING VICTORIA 3076

All correspondence to be addressed to:  
P.O. BOX 215 SOUTH MORANG VIC 3752  
Web: [www.mpsmlac.org.au](http://www.mpsmlac.org.au)  
Email: [millparksouthmorang@lavic.com.au](mailto:millparksouthmorang@lavic.com.au)



## 2017 - 2018 Little Athletics Season

The Committee of Mill Park - South Morang Little Athletics Club (MPSM) welcomes existing and new families to join our Club for the 2017-2018 Little Athletics Season.

MPSM was established in 1980 and is entering its 37<sup>th</sup> season. We proudly uphold the motto of

**"Family, Fun & Fitness"**

and encourage parents to be actively involved in the Club and supporting our children.

The measurement of success is not in 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> placing's, but in providing the best for our athletes regardless of their athletic ability through encouragement and reinforcement to

**"Be Your Best".**

## MPSM Club Registration Day

**Date: Saturday, 26<sup>th</sup> August, 2017**

**Where: The Groove Train, Westfield Plenty Valley**

**Time: 10.00am to 2.00pm**

**\*\*\*\*For new Registrations please bring Birth Certificate\*\*\*\***

### Registration Fees

The Registration Fee this Season is:

Under 6 Child Family <b>only</b>	: \$165 (On Track Program)
1 <sup>st</sup> Child - Under 7-Under 16	: \$195 (Competition Program)
2 <sup>nd</sup> & Subsequent Child/ren	: \$140 per child (On Track and/or Competition Program)

Note, registrations and payment is online via credit/debit card.

### Membership Benefits

Included in the Registration Fee all athletes will receive:

- ◇ Item of Club Gear
- ◇ \*Trophy/Medallion at Presentation Day
- ◇ Accredited Coaches
- ◇ Weekly Athletic Competition
- ◇ Insurance for Athletes
- ◇ Christmas Party
- ◇ Structured Weekly Training Sessions
- ◇ Family, Fun & Fitness

\*Subject to Age Group & Athletic Competition attendance criteria

## **Club Uniform**

Athletes must compete in:

- **Club Top:** Singlet or Sun Smart Style: Cost is \$35 each and can be purchased on the day.
- **Shorts or Bloomers:** These must be plain black with no stripes, logos or pockets and shorts must be at least 20cm **above** the knee.
- **Footwear:** Appropriate running shoes must be worn at all events. Athletes in Age Groups \*U/11 and older may wear spikes. Spikes must not exceed 7mm in length and only spike designs known as conical or pyramid ("Christmas Tree") will be permitted. *\*Conditions apply*

## **Club Training & Weekly Athletics Competition**

Weekly Training and Athletics Competition is held at **Meadowglen International Athletics Stadium**, 146 - 156 McDonalds Road, Epping.

**Training:** Tuesday's from 5.30pm sharp to 6.30pm commencing on **5<sup>th</sup> September, 2017**.

**Athletic Competition:** Held weekly either on Saturday mornings from 8.30am or Friday nights from 6pm. The Season commences on **Saturday, 23<sup>rd</sup> September, 2017 at 8.30am**.

## **Induction / Come & Try Day**

A Come & Try Day will be held for new and existing athletes and families on Sunday, 17<sup>th</sup> September, 2017 commencing at 8.30am at Meadowglen International Athletics Stadium. It will run like a normal athletic competition day except no points will be awarded. It is to enable athletes and parents to familiarise themselves with how the sport of little athletics operates and get involved with assisting at events.

We look forward to seeing you at The Groove Train on Saturday, 26<sup>th</sup> August, 2017 from 10.00am to 2.00pm or at Club Training.

Regards,

Michael McBrien  
President  
Mill Park - South Morang LAC  
Mobile: 0417 011 240

Sharon Willingham  
Secretary  
Mill Park - South Morang LAC  
Mobile: 0434 075 855

## **Important Dates & Information**

<b>Club Registration Day</b>	: Saturday, 26 <sup>th</sup> August 2017 - 10.00am to 2.00pm at Groove Train, Plenty Valley
<b>Centre Registration Day</b>	: Saturday, 2 <sup>nd</sup> September 2017 - 10.00am to 1.00pm at Meadowglen International Athletics Stadium
<b>Weekly Training</b>	: Tuesday weekly from 5 <sup>th</sup> September, 2017 at 5.30pm
<b>Come &amp; Try Day</b>	: Sunday, 17 <sup>th</sup> September, 2017 from 8.30am
<b>Competition</b>	: Weekly from Saturday, 23 <sup>rd</sup> September 2017 from 8.30am
<b>Contacts</b>	: Michael McBrien, President - 0417 011 240 Sharon Willingham, Secretary - 0434 075 855
<b>Website</b>	: <a href="http://www.mpsmlac.org.au">www.mpsmlac.org.au</a>
<b>Email</b>	: <a href="mailto:millparksouthmorang@lavic.com.au">millparksouthmorang@lavic.com.au</a>